

# NEW YORK NEWCASTLE NEW adventures

ONE  
NIGHT  
STAY

active outdoor  
adventures...

This itinerary lets you explore the best of Newcastle by foot, taking in all of the city's history and culture followed by an evening enjoying its vibrant night life. On the second day you'll venture a little further afield to the coast by bike.

 **NORTHERN  
ENGLAND IS  
GREAT**  
BRITAIN

# DAY ONE

## Let the fun begin!

Arrive into Newcastle International Airport, which has excellent transport links connecting to the city centre in just 15 minutes by car or by a 25 minute direct journey on the Metro light-rail system.

Check in to a city centre hotel – Newcastle is home to many big-name hotel brands like Hilton, Hotel Indigo, Marriott, Holiday Inn, plus UK brands Malmaison and Hotel Du Vin. It also has a range of boutique and independent hotels including Jesmond Dene House or The Vermont Hotel, as well as a wide choice of budget accommodation – so you're spoilt for choice on places to stay.

Newcastle has a compact city centre that is easy to explore on foot. Spend the morning uncovering the history and culture of Newcastle on a city highlights walking tour. The daily tours are led by Newcastle

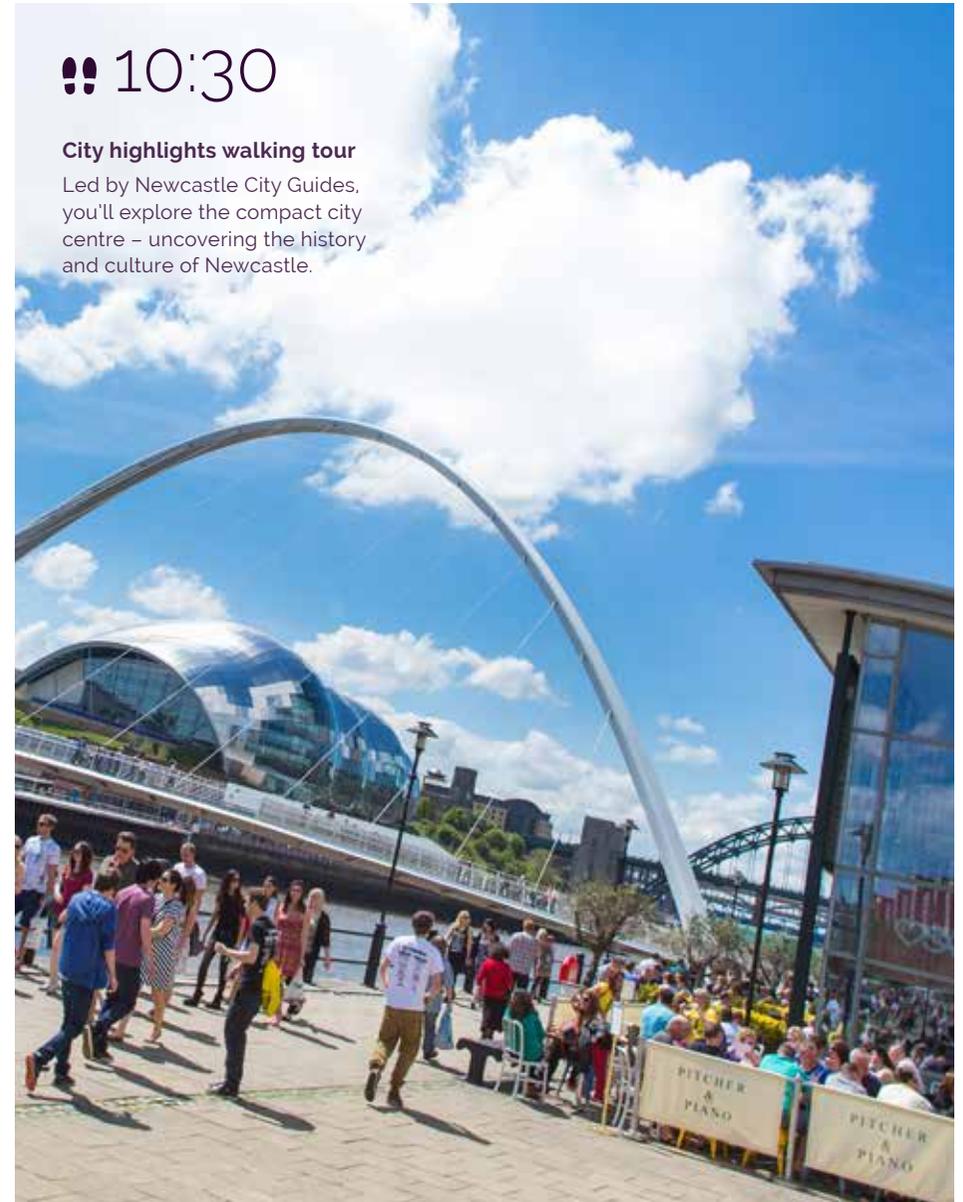
City Guides and start at 10:30am, lasting approximately 1 hour 30 minutes. You'll discover all of the main sights of the city, walking the banks of the River Tyne and the famous Quayside area which is packed with performance spaces, theatres and galleries. You can cross the River Tyne on foot via the Gateshead Millennium Bridge – the world's first and only tilting bridge that links Newcastle and neighbouring Gateshead.

The walking tour will also take you through the historic heart of Newcastle, Grainger Town, where you can admire the stunning Georgian architecture. The focal point of Grainger Town is the impressive Grey's Monument, erected in 1838 to commemorate the Reform Act of 1832, drafted during Earl Grey's time as Prime Minister. Grainger Town is also home to the Theatre Royal and a range of restaurants, bars and cafes, galleries and independent shops.

🕒 10:30

### City highlights walking tour

Led by Newcastle City Guides, you'll explore the compact city centre – uncovering the history and culture of Newcastle.





12:00

**The Botanist**

A quirky horticulture-themed bar and restaurant offering quality pub food with its own unique twist. The perfect place for lunch with views of the bustling city centre.

14:00

**The Ouseburn**

Recently described by the New York Times as Newcastle's most vibrant quarter, it's a hub for the creative industries and has a vibrant social scene with live music and real ale.

19:30

**Artisan**

Modern restaurant, located in the Biscuit Factory Art Gallery, serving British inspired menus using the finest regional and seasonal ingredients.



Take time to explore the hustle and bustle of the indoor Grainger Market, home to one of the stalwarts of the English retail world, an original Marks and Spencer's Penny Bazaar, then stroll through the Edwardian Central Arcade.

*After your walking tour, you'll be ready to put your feet up for some lunch and a welcome break, and Newcastle is not short of good places to eat.*

Right beside Grey's Monument, you'll find The Botanist, a quirky horticulture-themed bar and restaurant offering quality pub food with its own unique twist. What's more, it's the perfect place for lunch with views of the bustling city centre and on a warm day you can enjoy the roof terrace.

In the afternoon, it's time to explore the Ouseburn area, just east of the city centre, which was once the cradle of the industrial revolution of 18th and 19th century Tyneside and was **recently described by the New York Times as Newcastle's most vibrant quarter**. After a 15 minute walk from the city centre, you'll reach Lime Street at the heart of Ouseburn, where you can visit Seven Stories, the national centre for children's books, Ouseburn Farm and the popular live music venue, The Cluny. A host of artists' studios have also made their home here and you can visit Northern Print's printmaking studio and free gallery where you can create your own work of art at one of its workshops.

You can follow the valley down towards the River Tyne, where you can start the evening by enjoying a pint in one of the area's traditional pubs like The Tyne Bar or The Free Trade Inn followed by dinner at Artisan, a modern restaurant serving British inspired menus that uses the finest regional and seasonal ingredients. The restaurant is located in The Biscuit Factory, which is the UK's largest art, craft and design gallery.



# DAY TWO

## on your bike!

**There is nothing nicer than following the route of a river to its end as it flows into the sea. After a good night's sleep, wake up feeling refreshed and ready to explore further – this time by bike! Start at The Cycle Hub which offers cycle hire on Newcastle's Quayside.**

Put on your bike helmet and begin your ride heading east to Tynemouth at the coast. The journey follows the route of the River Tyne, taking in all of the sights along the way and should take one to two hours, depending on your pace.

When you reach Tynemouth, you can explore this picturesque coastal village with sandy beaches that stands at the mouth of the River Tyne. Visit the majestic ruins of Tynemouth Priory and Castle which stands guard over the mouth of the river. An Anglican monastery stood on the site as far back as the 9th Century, while the castle dates from the 13th Century

and is the burial place of saints and kings of the Old Kingdom of Northumbria. Spend the rest of the day browsing the independent shops, restaurants and pubs on Tynemouth Front Street, the focal point of the village that has a number of places to eat and drink whether you fancy a coffee and a cake, a traditional pub lunch, the quintessential English fish and chips or a bistro evening meal.

Enjoy the fresh sea air and walk along Tynemouth's sweeping Longsands beach (you can even surf here!) or walk along Tynemouth Pier. The views back towards Tynemouth and across the river are well worth it.

Return to the city centre by bike, or alternatively The Cycle Hub now offers one way cycle hire so you can leave your bike at Cullercoats Bike Kayak, returning by a short 25 minute journey on the Tyne & Wear Metro if you prefer.

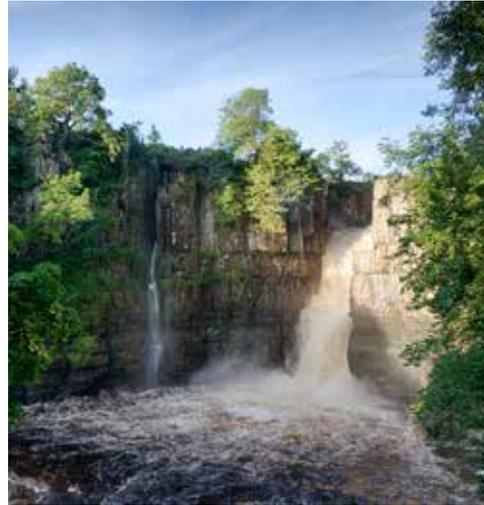
📍 9:15

### The Cycle Hub

Rent a bike on Newcastle's Quayside and follow the route of the river to its end as it flows into the North Sea at Tynemouth.



EXTRA  
DAY



## extend your stay!

**Chopwell Woods** - Planted on the site of an ancient forest, Chopwell Woods is close enough to Newcastle to enjoy a short summer evening mountain-bike ride or hike.

**30 minutes by car from Newcastle.**

**Kielder Water & Forest Park** - Explore a real adventure playground surrounding the biggest man-made lake in northern Europe. Cycle the 27 mile circular Lakeside Way and enjoy some spectacular outdoor art on the way.

**1 hour 30 minutes by car from Newcastle.**

**High Force Waterfall** - Follow walking trails to High Force – one of the most spectacular waterfalls in the north of England. The River Tees drops 21 metres and the sights and sounds provided inspiration for the 18th century landscape artist J M W Turner.

**1 hour 35 minutes by car from Newcastle.**

**Hamsterley Forest** - A premier destination for mountain biking in the north of England with 33 miles of waymarked trails.

**1 hour 30 minutes by car from Newcastle.**

**The Lake District National Park** - The Lake District is home to England's highest mountain, Scafell Pike, and is a playground for outdoor adventures.

**Keswick and the Northern Lakes is 1 hour 55 minutes by car from Newcastle.**

# useful information

**Accommodation** - The north of England offers a huge range of accommodation options, including big-name hotel brands, independent and boutique hotels, as well as bed and breakfasts and good quality hostels for those on a budget.

Newcastle and Gateshead  
[newcastleandgateshead.com/accommodation](http://newcastleandgateshead.com/accommodation)

**Airport transfers** - Newcastle International Airport is just eight miles from Newcastle city centre. The airport is connected to the city centre by the Metro light railway system. Trains run every 5 – 15 minutes and the journey takes just 25 minutes. Bus services, car hire and taxis are also available at the airport.

**Car hire** - Car hire at Newcastle International Airport or in Newcastle city centre couldn't be easier – with many national car hire companies available. Contact details are as follows:

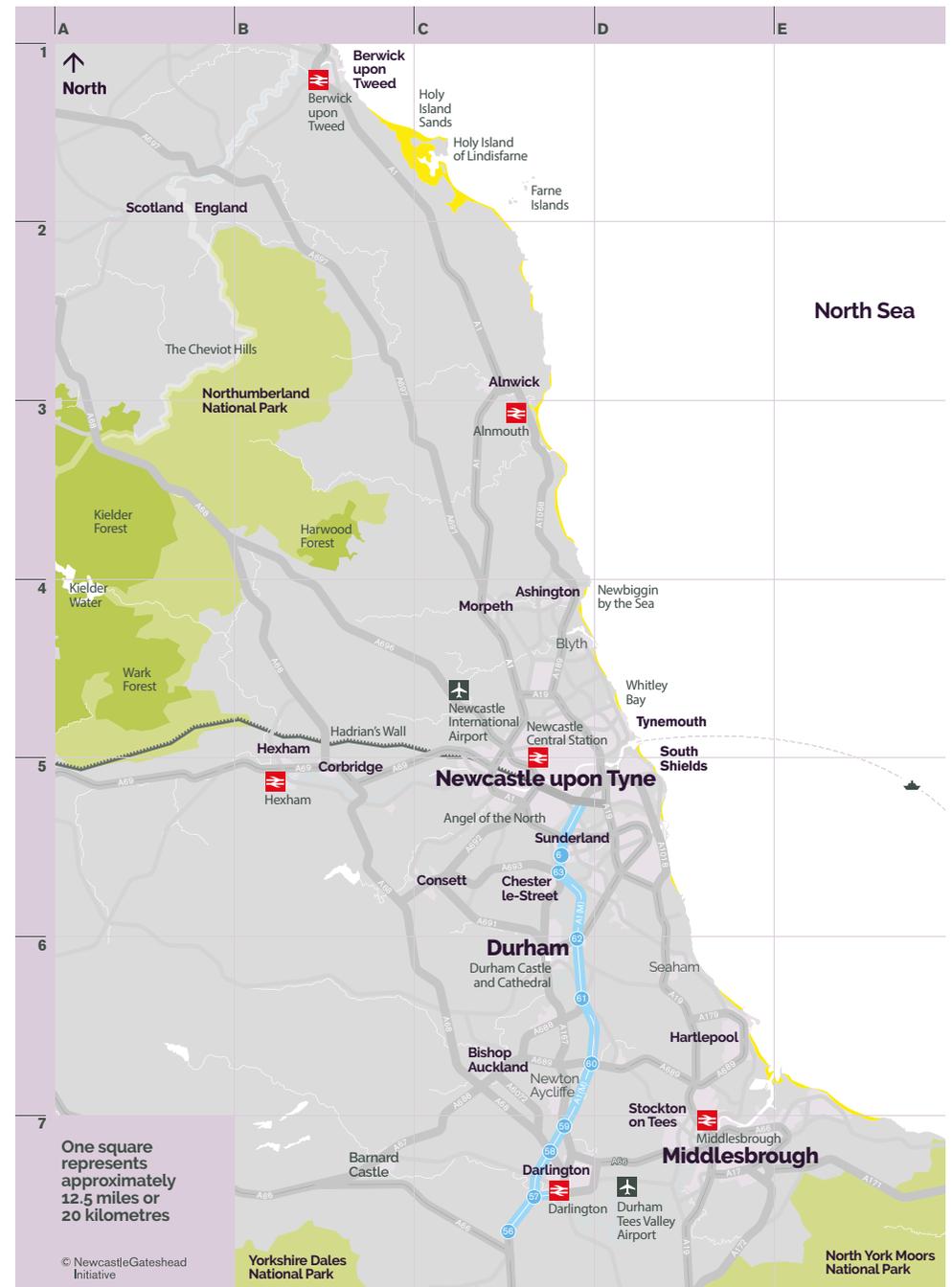
Sixt	0844 499 3399	<a href="http://sixt.co.uk">sixt.co.uk</a>
Europcar	0871 384 3411	<a href="http://europcar.co.uk">europcar.co.uk</a>
Hertz	0191 286 6748	<a href="http://hertz.co.uk">hertz.co.uk</a>
Avis	0844 544 6022	<a href="http://avis.co.uk">avis.co.uk</a>
Budget	0844 544 4663	<a href="http://budget.co.uk">budget.co.uk</a>
Interrent	0844 544 4663	<a href="http://interrent.com">interrent.com</a>

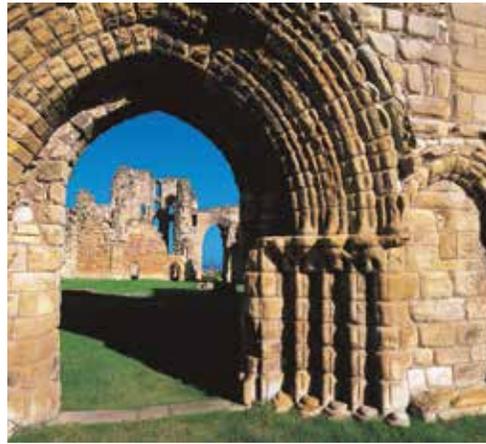
## Public transport

**Tyne and Wear Metro** - Metro is the North East's very own light rail system. With 60 stations located around Tyne and Wear, there's usually one close by and because they're so frequent, you can just hop on and off with no hassle.  
[nexus.org.uk/metro](http://nexus.org.uk/metro)

**Bus** - There are bus routes operating to the main tourist attractions, many offering you money-saving tickets and discounts on entry fees. The two main bus companies in the North East are Arriva and Go North East. Make use of the Traveline North East Journey Planner to help you plan your trip.  
[travelinenortheast.info](http://travelinenortheast.info)

**Train** - Newcastle is located on the East Coast mainline that connects London and Edinburgh. With over 30 high speed trains running every day, it's easy and quick to get around the country. Durham is just 10 minutes by train from Newcastle Central Station and York just one hour away. First TransPennine Express also connects the north of England, with journey times to the main cities all within a few hours.  
[thetrainline.com](http://thetrainline.com)





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